

MTN-020 Self-collected Vaginal Swab Instructions (8 Steps)

(NOTE: To be collected even during menses)

STEP 1



- Wash hands with soap
- Dry hands
- Undress from the waist down

STEP 2



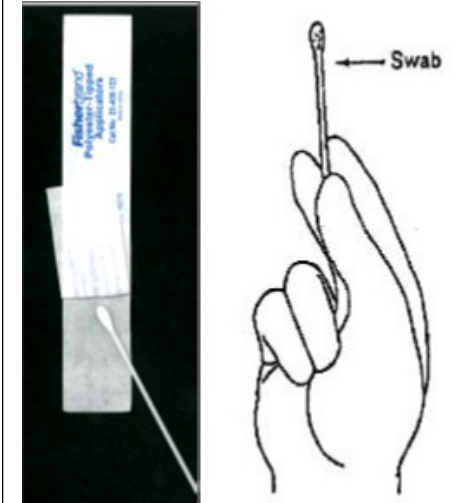
- Remove cap from vial
- Place the cap top side down

STEP 3



- Open wrapping on the end opposite of the soft tip

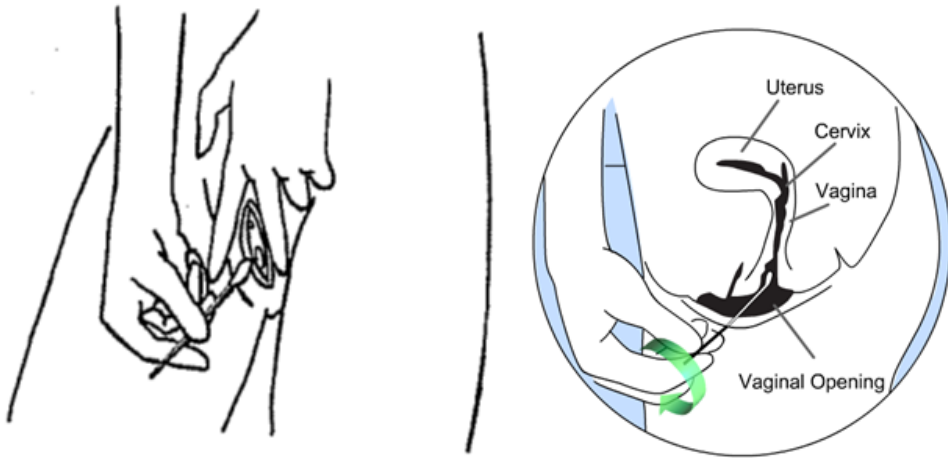
STEP 4



- Remove swab and hold away from the soft tip

CONTINUE ON OTHER SIDE

STEP 5



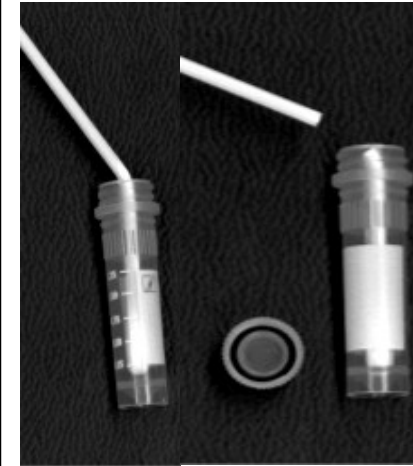
- Open your inner labia with one hand
- Hold the plastic swab shaft with thumb and first finger of other hand
- Insert the soft tip of the swab into your vagina approximately 4-5 cm (about the length of your little finger)
- Move the swab in a circle touching all the walls of the vagina, for 10-20 seconds

STEP 6



- Hold the vial upright and place the soft tip of swab into vial

STEP 7



- Bend the shaft back and forth
- Place your finger on the bent shaft to prevent swab from coming out of vial
- Break the shaft off leaving only the soft tip in vial

STEP 8



- Place the cap on vial
- Wash hands
- Give vial to study staff

NOTE: If the swab is dropped, use a new swab and repeat the entire process

START ON OTHER SIDE